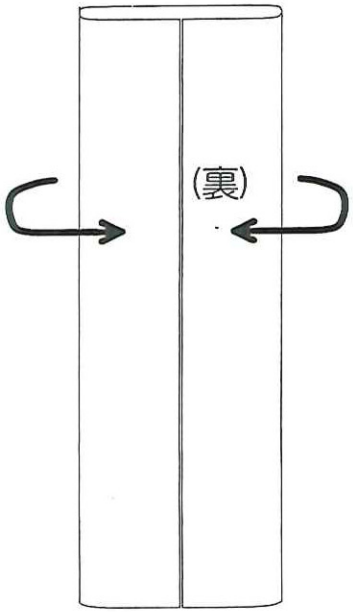
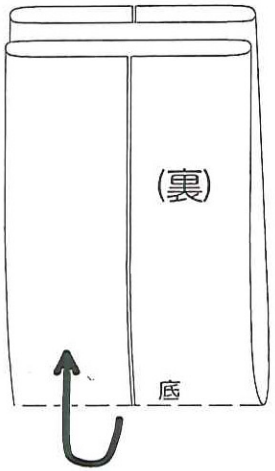
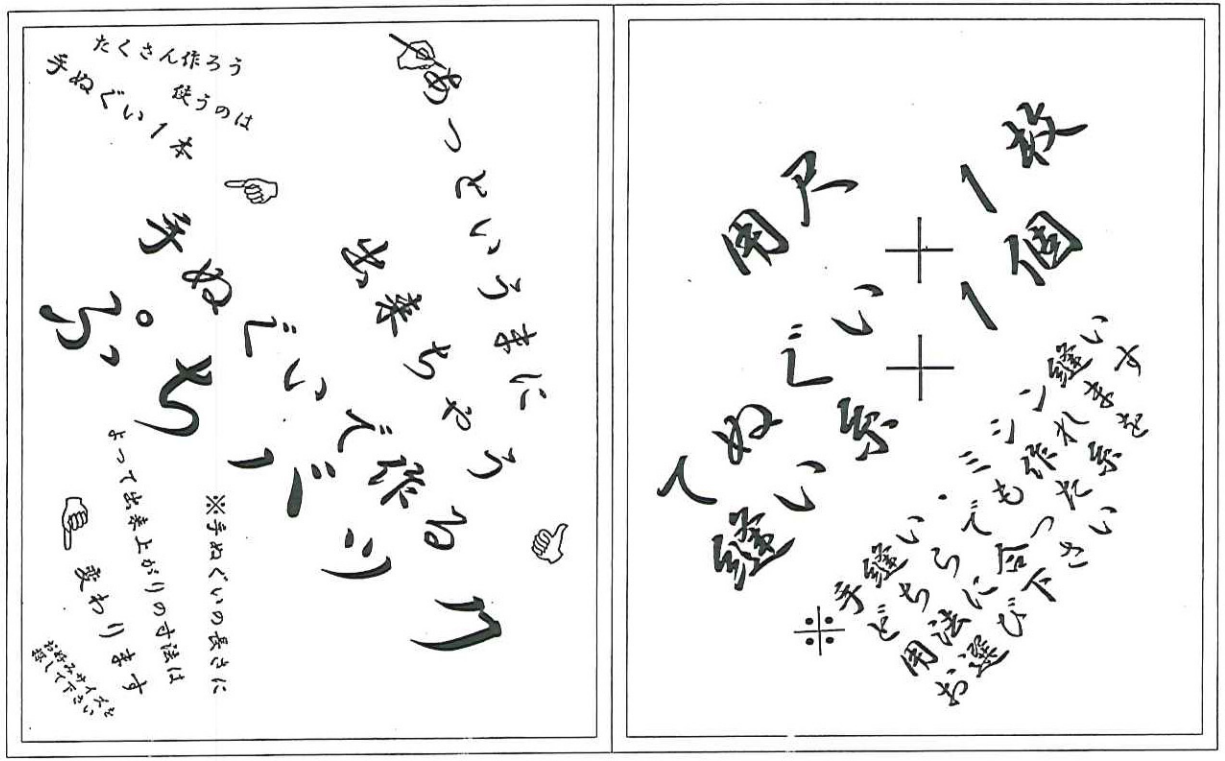
①中表にして
たて長なる様
横を折る

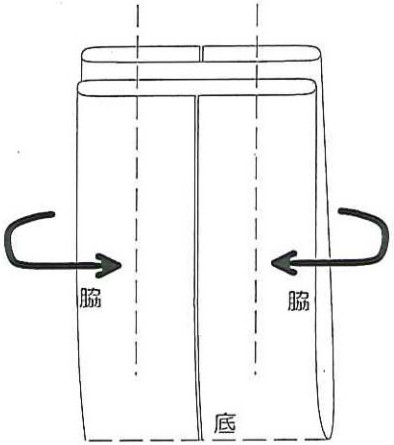


②たてに折る

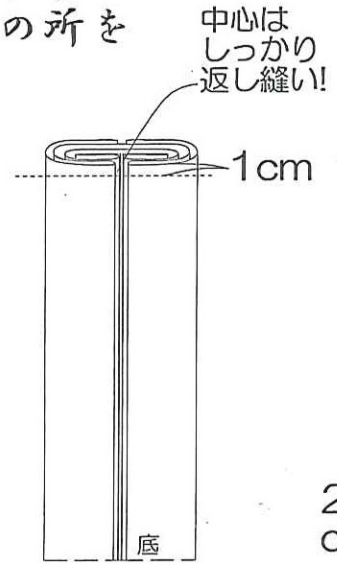




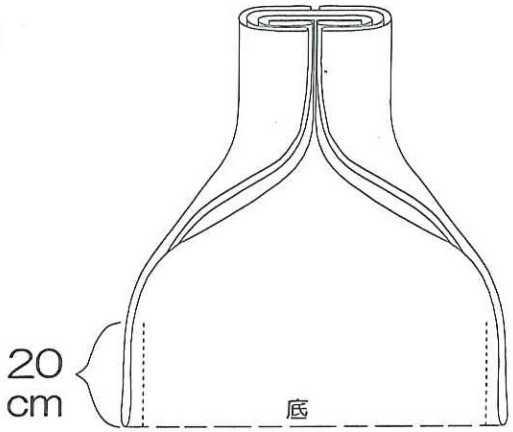
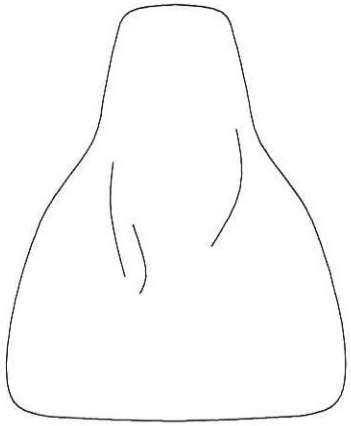
③4枚一緒に
横を折り、
脇を中心に
合わせる



④上端から
1cmの所を
縫う



⑤底部分を広げ
脇を20cm縫う



⑥表に返して
形を整えて
完成